

**1. Must a specific scale be used for the weigh-ins?**

Answer:

The primary requirement for the scales is that the same scales be used for all weigh-ins.

**2. What if an individual is not on a team at weigh-in time?**

Answer:

Individuals who have not joined a team at weigh-in time should be assigned to a team that has less than eight members.

**3. If a participant is paying by check, to who should the check be written?**

Answer:

The check should be made out to “Tri-State Business Group on Health”. Write in “Biggest Loser Contest” in the memo area.

**4. What should be collected during the initial weigh-in?**

Answer:

The Registration form and fee should be collected from each member at the time of the weigh-in. The fees collected and copies of the entry forms should be held for pick up by or mailed to:

Julie Girten  
8437 Bell Oaks Drive  
PMB# 126  
Newburgh, IN 47630

**5. Can the company pay the entry fees if they want?**

Answer:

Yes. Simply forward a single check for the total fee of all of the company’s participants.

**6. How often should weigh-ins be held?**

Answer:

Every two weeks. See dates noted in the Rules document.

**7. What information should be forwarded to TSBGH from each weigh-in?**

Answer:

Preferably using the Excel spreadsheet template provided by TSBGH, supply the following information:

Date

Company

Team Name

Participant Name (code name), DOB, gender, current weight and weight loss since last weigh-in and weight loss since the initial weigh-in

**8. Where should the weigh-in information be sent?**

Answer:

Please e-mail the information to Julie Girten at [jgirten@tsbgh.org](mailto:jgirten@tsbgh.org) .

**9. Where does Event Director contact information need to be sent?**

Answer:

Please e-mail your name, email address, telephone number and your company name to Julie Girten at [jgirten@tsbgh.org](mailto:jgirten@tsbgh.org) . Or you can call Julie at 812-424-9276. This information should be forwarded prior January 9, 2012.

**10. How many teams can a company have?**

Answer:

There is no limit to the number of teams for each company. However, no team may have less than three (3) members or more than eight (8) members.